## STIMULATION / "SPOILING"

You, as parents, are the best means of stimulating your child. Your taking pleasure in your child and his achievements, as well as your attention in his care is far more important than providing expensive toys. Many parents are afraid of "spoiling" their child. A baby needs you and your love just as much as he needs food, clothing, or sleep. The infant's ability to trust people and to give love is based in the security of your consistent, loving care. So, do not worry about holding him too much in the first few months of life. This overwhelming dependence on you can be frightening, but in the end it will also be very rewarding. We are here to help you if you have questions in this area.